


# Disaster Prevention Handbook



My Nearest Evacuation Shelter:

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At the evacuation shelter,  
you may be asked to:

- Wear a mask
- Wash or disinfect your hands



### ◆Emergency Evacuation Supplies

- water    food    cellphone battery
- flashlight (with batteries)    lighter, candles 
- helmet    money    bankbook, personal seal
- residence card, passport    towel
- change of clothes    raincoat 
- trash bags    tissues
- medication    powdered milk, diapers 
- sanitary products     (  )

## **2** What to Do in an Earthquake

### ①Earthquake Early Warning (EEW)

Right before an earthquake strikes, a warning notification might be sent out by TV or radio.

Get ready to protect yourself.

## ② During the Earthquake

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Protect yourself by crouching under a table or desk and wait until the shaking stops.



## ③ When the Shaking Stops

Put out any open flames (i.e. gas stove). Open doors and windows to create an escape



route. If you are near the ocean, go to a high place away from the water in case a tsunami occurs. If you are near a hill or mountain, move away from the area in case a landslide occurs. Check for accurate disaster information through the radio or other methods.

## ④ Confirm the Safety of Your Family

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If possible, avoid using the phone, and use a disaster messaging service instead.

Disaster Emergency  
Message Dial (171)



Web171



## ⑤ Go to an Evacuation Shelter



Be sure to turn off your circuit breaker before you evacuate.



Bring your “Emergency

Evacuation Supplies” (pg. 3) with you and head to the nearest evacuation shelter. You can stay there overnight, receive food, and get the latest news and information.

Evacuation shelters are open to everyone, free of charge.



### ◆ How to Prepare

- Check the weather forecast for information. Bring items around your house inside or secure them so that they aren't blown away.
- Prepare items from the "Emergency Evacuation Supplies" list (pg. 3) in advance.

### ◆ Check the Warning Levels and Act Accordingly

- Check for current Warning Level information through your city's website or the Safety Tips app (pg. 8). The Warning Levels (pg. 7) tell you who should be evacuating. Everyone should take shelter or evacuate from hazardous areas by Level 4. If you evacuate, bring your "Emergency Evacuation Supplies" (pg. 3) with you.



**When you see the  
Warning Levels below,  
act immediately!**

**(Warning Levels)  
Evacuation Information**

**What You Should Do**

**(Level 5)  
Emergency Safety Measures**

**Take immediate action  
to protect yourself**

**(Level 4)  
Evacuation Order**

**Everyone must evacuate  
from hazardous areas**

**(Level 3)  
Evacuation of the Elderly**

**The elderly and those  
with young children must  
evacuate from hazardous areas**

Further information on the Warning Levels is  
available here in 14 languages



For Reference:

“Hello Chiba” English Guidebook for Living in Chiba

# For More Information

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## ◆ Chiba Prefecture Disaster Prevention Portal Site

Information about earthquakes, tsunamis, typhoons, etc. in Chiba Prefecture



## ◆ Safety Tips



## ◆ NHK WORLD JAPAN



## ◆ Chiba Convention Bureau and International Center



## ◆ Chiba Consultation Service for Foreign Residents

**043-297-2966**

Consultation is available in the following languages:

English, Chinese, Korean, Thai, Nepali, Hindi, Tagalog, Spanish, Portuguese, Vietnamese, Russian, Indonesian

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